



MID-EASTERN ATHLETIC CONFERENCE

MEAC Outdoor Track & Field

2018 Season • April 11

Contact: Ryan McGinty, Assistant Commissioner for Media Relations
mcgintyr@themeac.com • 757.951.2055

48 YEARS OF EXCELLENCE

USTFCCCA TEAM COMPUTER RANKINGS (Top 100 ranking for national)

MEN (As of 4/9)

NATIONAL

<u>Institution</u>	<u>Rank</u>	<u>Points</u>
North Carolina A&T State	58	35.68
Hampton	86	18.38

REGIONAL

Mid-Atlantic

Morgan State	10	214.68
Howard	25	29.22
UMES	27	0.00
Delaware State	27	0.00
Coppin State	27	0.00

South

Bethune-Cookman	14	202.04
Florida A&M	26	45.63
Savannah State	27	32.97

Southeast

North Carolina A&T	3	337.24
Hampton	16	150.23
South Carolina State	22	124.95
Norfolk State	25	99.37
N.C. Central	28	84.59

WOMEN (As of 4/9)

NATIONAL

<u>Institution</u>	<u>Rank</u>	<u>Points</u>
North Carolina A&T State	82	18.84
Morgan State	92	12.85

REGIONAL

Mid-Atlantic

Howard	16	144.40
Morgan State	17	136.86
Delaware State	34	0.00
Maryland Eastern Shore	34	0.00
Coppin State	34	0.00

South

Bethune-Cookman	17	153.20
Florida A&M	29	38.50
Savannah State	40	0.66

Southeast

North Carolina A&T State	9	315.18
Hampton	27	72.91
N.C. Central	28	71.90
Norfolk State	38	15.24
South Carolina State	43	2.90

USTFCCCA Ranking Criteria - <http://www.ustfccca.org/assets/rankings/div1/d1-ranking-rationale-2010.pdf>

UPCOMING SCHEDULE

Friday, April 13 - Saturday, April 14

Mt. SAC Invitational • Walnut, Calif.
Gamecock Invitational • Columbia, S.C.
Aggie Invitational • Greensboro, N.C.
George Mason Invitational • Fairfax, Va.
Towson Invitational • Towson, Md.

Friday, April 20 - Sunday, April 22

Morgan State Legacy Invitational • Baltimore, Md.
Larry Ellis Invitational • Princeton, N.J.
Yellow Jacket Invitational • Atlanta, Ga.
Duke Invitational • Durham, N.C.
USF Invitational • Tampa, Fla.
USC Open • Columbia, S.C.
CNU Invite • Newport News, Va.

Thursday, April 26 - Sunday, April 29

Savannah State Cheetahs • Savannah, Ga.
Penn Relays • Philadelphia, Pa.
LSU Invitational • Baton Rouge, La.
Tom Jones Memorial Classic • Gainesville, Fla.
Virginia Grand Prix • Charlottesville, Va.
Delaware Open • Newark, Del.

May 3 - May 5

MEAC Track & Field Championships • Greensboro, N.C.



MEAC OUTDOOR TRACK & FIELD NOTEBOOK



2730 Ellsmere Ave.
Norfolk, Virginia 23513
Main: (757) 951-2055 | Fax: (757) 951-2067
Commissioner: Dr. Dennis E. Thomas
Sr. Associate Commissioner: Sonja Stills
Assistant Commissioner for Championships: Raynoid Dedeaux
Assistant Commissioner for Media Relations: Ryan McGinty
Director of Multimedia/Coord. of Marketing: Elise Hillman
Director of Corporate Partnerships: Patricia A. Easley
Assistant Director of Media Relations: Jeff Cunningham
Assistant Director of Championship & Compliance: Wyatt Sutton
Business Manager: Deon Hallback
Special Assistant to the Commissioner: TBA
Administrative Assistant: Nikki Johnson

MEAC Overview

The Mid-Eastern Athletic Conference and www.MEACsports.com offers authorized media immediate access to original, up-to-date information from the MEAC and its member institutions.

About The MEAC

The Mid-Eastern Athletic Conference (MEAC) begins its 48th year of intercollegiate competition heading into the 2017-18 academic school year. Located in Norfolk, Va., the MEAC is made up of 13 outstanding historically black institutions across the Atlantic coastline: Bethune-Cookman University, Coppin State University, Delaware State University, Florida A&M University, Hampton University, Howard University, University of Maryland Eastern Shore, Morgan State University, Norfolk State University, North Carolina A&T State University, North Carolina Central University, Savannah State University and South Carolina State University.

The MEAC sponsors 16 Division I (FCS) sports with automatic qualifying bids for NCAA postseason competition in baseball, bowling, men's and women's basketball, men's and women's cross country, men's and women's tennis, men's and women's track and field, softball, volleyball and men's golf.

Social Media

Fans and media members are invited to follow the latest Mid-Eastern Athletic Conference track & field news through social media. The MEAC Twitter feed may be accessed @MEACSports and the conference's official Facebook page is available @MEACSports. The MEAC's Instagram handle is @MEACSports.



@MEACSports



@MEACSports



@MEACSports

Weekly Release & Statistics

Media members may access PDF versions of the complete weekly release, including conference and team-by-team statistics, on www.MEACsports.com. Regular updates of the weekly release will be distributed via e-mail from the conference office. To be included on the distribution list, send an e-mail request to **Ryan McGinty** at mcgintyr@themeac.com.

Annual Awards

The MEAC will name first, second and third all-conference teams (m/w), outstanding performers in track and field events and coach of the year based on performance at the 2018 MEAC Indoor Championships.



Mid-Eastern Athletic Conference Track & Field Contacts

Bethune-Cookman Dan Ryan

ryand@cookman.edu
(386) 481-2206

Coppin State Steven Kramer

skramer@coppin.edu
(410) 951-3729

Delaware State Dennis Jones

djones@desu.edu
(302) 857-6068

Florida A&M Alvin Hollins

alvin.hollins833@yahoo.com
(850) 599-3736

Hampton Jim Heath

james.heath@hamptonu.edu
(757) 727-5757

Howard Derek Bryant

derek.bryant@howard.edu
(202) 806-7184

Maryland Eastern Shore Matt McCann

mcmccann@umes.edu
(410) 621-2352

Morgan State Leonard Haynes IV

lhaynes004@gmail.com
(443) 885-3831

Norfolk State Matt Michalec

mjbello@nsu.edu
(757) 823-2628

North Carolina A&T State Jason Pompey

jjpompey@ncat.edu
(336) 285-3609

North Carolina Central Kyle Serba

jduren@nccu.edu
(919) 530-7054

Savannah State Will Toman

toman@savannah.edu
(912) 356-2446

South Carolina State

Kendrick Lewis/William "Bill" Hamilton
klewis19@scsu.edu
(803) 378-6165





Track & Field Performers of the Week

The MEAC will name men's and women's track performers of the week each Wednesday throughout the season in the following categories: track performer and field performer. Nominees are submitted to the conference office by the institution's sports information offices. Winners will be made available via e-mail and the conference website by Wednesday afternoon.

MEN'S TRACK PERFORMER OF THE WEEK

March 21	Tyrell Richard	SC State
March 28	Demek Kemp	SC State
April 4	Jaelen Williams	Hampton
April 11	Michael Dickson	N.C. A&T State
	Kareem Fair	Bethune-Cookman

April 18
April 25
May 2

MEN'S FIELD PERFORMER OF THE WEEK

March 21	Vikarie Elliott	Morgan State
March 28	Jacob Milton	Norfolk State
April 4	Lloyd Hylton	Morgan State
April 11	Jacob Milton	Norfolk State

April 18
April 25
May 2

WOMEN'S TRACK PERFORMER OF THE WEEK

March 21	Asia Joe	Bethune-Cookman
	Janet Okeago	Hampton
March 28	Madeleine Akobundu	N.C. A&T State
	Meshala Morton	Hampton
April 4	Bethany White	N.C. Central
	Kayla White	North Carolina A&T
April 11	Jonina Brinson	Bethune-Cookman

April 18
April 25
May 2

WOMEN'S FIELD PERFORMER OF THE WEEK

March 21	Bhrandi Crenshaw	N.C. Central
	Dominique Clegget	Howard
March 28	Quamecha Morrison	Bethune-Cookman
April 4	Anisa Toppin	North Carolina A&T
April 11	Rachel Elder	Howard
	Jacqueline Thomas	Bethune-Cookman

April 18
April 25
May 2

MEAC Track & Field Weekly Honors

North Carolina A&T State's Michael Dickson and Bethune-Cookman's Kareem Fair have been named the Mid-Eastern Athletic Conference's (MEAC) Co-Men's Track Performers of the Week while Bethune-Cookman's Jonina Brinson was selected as the MEAC's Women's Track Performer of the Week, the conference announced today. Jacob Milton of Norfolk State has been named the Men's Field Performer of the Week while Howard's Rachel Elder and Bethune-Cookman's Jacqueline Thomas earned Co-Women's Field Performers of the Week honors.

Dickson (Jr., Beaufort, S.C.) posted the ninth-fastest and MEAC's top time in the 110-meter hurdles this past weekend at the Gamecock Invitational. He clocked a time of 13.75 in the preliminary round as he finished as the top collegian in the event.

Fair (R-Sr., Apopka, Fla.) recorded a 10.11 at the Embry-Riddle Spike's Classic as he won the 100-meter dash. He now ranks 13th nationally while also leading the Wildcats to a first-place finish in the 4x100-meter dash.

Brinson (Sr., Swainsboro, Ga.) captured first place in the 100-meter dash at the Embry-Riddle Spike's Classic in addition to leading the 4x100-meter relay to a first-place run. She also placed second overall in the 200. Brinson's 100-meter time of 11.59 currently ranks second in the MEAC.

Milton (So., Stuttgart, Germany) won the high jump at the Colonial Classic as he went over the seven-foot mark en route to his second outdoor title of the season. He remains the only jumper in the conference to surpass the seven-foot mark in the 2018 outdoor season.

Elder (Fr., Stone Mountain, Ga.) placed second in the triple jump after a mark of 39-5 feet at the Gamecock Invitational. The jump was a personal-best and ranks as the fourth-best in the MEAC.

Thomas (Fr., Orange Park, Fla.) jumped 19-4 feet to place second overall at the Embry-Riddle Spike's Classic and holds the second-best mark in the MEAC in the event.

OTHER TOP PERFORMERS (Men)

Mohamed Bah (Howard) placed sixth in the 800-meter dash with a time of 1:53.98 and participated on the 4x400 relay team which placed fourth at the Gamecock Invitational.

Keith Brown (Norfolk State) captured three top-10 finishes at the Colonial Relays which was highlighted by a second-place finish in the 100-meter dash (10.6). Brown also participated on the first-place 4x200-relay team.

Qussama Chouati (Maryland Eastern Shore) won the 3,000-meter steeplechase at the Colonial Relays with a time of 9:06.75.

Jaiquan Earls (Bethune-Cookman) placed second in the long jump with a leap of 24-1.3 and fifth in the triple jump with a jump of 45-5 at the Embry-Riddle Spike's Classic.

Wesley Kirui (Hampton) posted the MEAC's fastest 5,000-meter run time this season with a second-place finish of 14:25.19 at the Colonial Relays.

Kobe-Jordan Rhooms (Morgan State) won the long jump at the Colonial Relays with a mark of 23-5.25.

OTHER TOP PERFORMERS (Women)

Luan Gabriel (Maryland Eastern Shore) set personal records in both the 100 and 200-meter dashes at the Colonial Relays. She also moved into the top 15 of the ECAC rankings in the 200.

Uchechi Onuoha (Howard) placed second in the 400-meter hurdles (1:00.49) and ran on the third-place mile-relay team at the Gamecock Invitational.

Malika Pride (Norfolk State) placed second in the 400-meter dash after recording a collegiate-best time of 56.04 while also participating on the first-place 4x200-meter relay squad.



Indoor Wrap-up

Four MEAC student-athletes participated in the 2018 MEAC Indoor Track and Field Championships held at Texas A&M University in College Station in early March.

South Carolina State sprinter **Demek Kemp** earned the bronze medal with a third-place finish in the 60 meters while North Carolina A&T's **Kayla White** obliterated her personal record in the women's 60-meter hurdles for the fourth time this indoor season by running an 8.06 in the NCAA final for a fifth-place finish.

North Carolina A&T State's **Jaylan Mitchell** finished eighth in the 60 with a 6.69 while Bethune-Cookman's **Quamecha Morrison** tied for tenth place in the high jump Friday.

Prior to the NCAA Championships, North Carolina A&T State became the first MEAC school to repeat in both the men and women since Delaware State in 1987.

Early Returns

Bethune-Cookman's **Kareem Fair** shot up the top of the charts as he ranks 13th nationally in the 100-meter dash while South Carolina State's **Demek Kemp** ranks 14th.

North Carolina A&T State's **Rodney Rowe** is tied for 10th in the 200 (20.58) while South Carolina State's **Tyrell Richard** ranks 21st (20.78). North Carolina A&T State's **Trevor Stewart** stands at 25th (46.61) in the 400 while **Michael Dickson** is ninth in the 110-meter hurdles (13.75) followed by teammate **Todd Townsend** (13.88)

Jaalen Williams of Hampton is sixth (50.73) in the 400-meter hurdles.

Norfolk State's **Jacob Milton** currently ranks 11th (7-2.25) in the high jump to round out the field performers.

North Carolina A&T State ranks sixth (39:15) in the 4x100-meter relay while Coppin State is 24th (39:73). Hampton is 22nd (3:08.05) in the mile relay.

Kayla White of North Carolina A&T State ranks 24th in the 100-meter hurdles (13.3). Bethune-Cookman's **Quamecha Morrison** ranks 13th (5-10) in the high jump while **Anisa Toppin** of North Carolina A&T State stands at 21st (42-1.25).

Early Favorites

North Carolina A&T State looks to repeat as champions on the men's side as they're looking to win its second straight for the first time since a three-peat from 1994-96. The Lady Aggies have never won consecutive titles on the women's side as they're also looking to repeat.

NCAA OUTDOOR TRACK & FIELD EAST PRELIMINARY QUALIFIER

May 24-26 • Tampa, Florida

- Top 48 individuals in each event
- Top 24 relay teams in each event

Based on TFRSS

NCAA OUTDOOR TRACK & FIELD CHAMPIONSHIP QUALIFIER

June 6-9 • Eugene, Ore.

- Top 12 individuals in each event
- Top 12 relay teams in each event



ALL-TIME WOMEN'S OUTDOOR TRACK & FIELD CHAMPIONS

<u>Year</u>	<u>Champion</u>	<u>Outstanding Performer</u>	<u>Outstanding Coach</u>
2017	North Carolina A&T State	Faith Keitany (HAM) - Runner Andrea Aaron (FAMU) - Field	Duane Ross (North Carolina A&T State)
2016	Florida A&M	Andrea Aaron (FAMU) - Field Ce'aira Brown (HAM) - Runner	Darlene Moore (Florida A&M)
2015	Florida A&M	Kiara Howell (NSU) - Field Ce'aira Brown (HAM) - Runner	Darlene Moore (Florida A&M)
2014	Hampton	Kiara Howell (NSU) - Field Ce'aira Brown (HAM) - Runner	Maurice Pierce (Hampton)
2013	Hampton	Ranita Mealer (MSU)/Kiara Howell (NSU) - Field Petra Kubesova (UMES) - Runner	Maurice Pierce (Hampton)
2012	Hampton	Shamire Rothmiller (SCSU) - Field Cynthia Anais (UMES) - Runner	Maurice Pierce (Hampton)
2011	Norfolk State	Shamire Rothmiller (SCSU) - Field Shanneka Claiborne (NSU) - Runner	Rhonda Berard (Norfolk State)
2010	Hampton	Shamire Rothmiller (SCSU) - Field Racquel Vassell (HAM) - Runner	Maurice Pierce (Hampton)
2009	Hampton	Natoya Baird (Coppin State)	Maurice Pierce (Hampton)
2008	Hampton	Raquel Vessel (Hampton)	Maurice Pierce (Hampton)
2007	Hampton	Yvette Lewis (Hampton)	Maurice Pierce (Hampton)
2006	Hampton	Yvette Lewis (Hampton)	Maurice Pierce (Hampton)
2005	Morgan State	Yvette Lewis (Hampton)	Neville Hodge (Morgan State)
2004	Hampton	Ashley Horn (MSU)	Maurice Pierce (Hampton)
2003	Hampton	Nadine Clarke (B-CC)	Maurice Pierce (Hampton)
2002	Hampton	Agatha Gitunda (NSU)	Mamie Rallins (Hampton)
2001	Norfolk State	Severine Tanic (MSU)	Laverne Sweat (NSU)
2000	Florida A&M	Eva Lustigova (NSU)	Donya Little (FAMU)
1999	Florida A&M	Shaunta Pelham (FAMU)	Bobby Lang (FAMU)
1998	Florida A&M	Ayanna Mackin (Howard)	Bobby Lang (FAMU)
1997	Florida A&M	Nicole Carty (B-CC)	Bobby Lang (FAMU)
1996	Coppin State	Michelle Burke (Hampton)	Ernest Barrett (CSU)
1995	North Carolina A&T	Helena Renee (UMES)	Ruth Morris (NCAT)
1994	Florida A&M	Laquita Thrower (SCSU)	Bobby Lang (FAMU)
1993	Florida A&M	Dana Kaigler (FAMU)	Bobby Lang (FAMU)
1992	Maryland-Eastern Shore	Dana Kaigler (FAMU)	Neville Hodge (MSU)
1991	Florida A&M	Kanyon Singletary (FAMU)	Bobby Lang (FAMU)
1990	Morgan State	Tiffany Daughtry (FAMU)	Leonard Braxton (MSU)
1989	Florida A&M	Tiffany Daughtry (FAMU)	Bobby Lang (FAMU)
1988	South Carolina State	Cordelia Wilson (SCSU)	Robert Johnson (SCSU)
1987	Florida A&M	Cordelia Wilson (SCSU)	Bobby Lang (FAMU)
1986	South Carolina State	Colette Williams (SCSU)	Robert Johnson (SCSU)
1985	South Carolina State	Christella Bradley (SCSU)	Robert Johnson (SCSU)
1984	South Carolina State	Natalie Anderson (UMES)	Robert Johnson (SCSU)
1983	South Carolina State	Angela Carson (SCSU)	Robert Johnson (SCSU)
1982	South Carolina State	St. Dorcas Turner (DSU)	Robert Johnson (SCSU)



ALL-TIME WOMEN'S OUTDOOR TRACK & FIELD RECORDS (1971-2018)

EVENT	RECORD HOLDER (SCHOOL)	THE RECORD	YEAR
100m	India Brown (North Carolina A&T State)	11.24	2017
200m	India Brown (North Carolina A&T State) Francena McCorory (Hampton)	22.92	2017 2010
400m	Francena McCorory (Hampton)	50.58	2009
800m	Ce'aira Brown (Hampton)	2:02.82	2016
1500m	Martha Bissah (Norfolk State)	4:27.12	2017
3,000m	Marta Sterbova (Maryland Eastern Shore)	10:22.80	2001
3,000mSC	Petra Kubesove (Maryland Eastern Shore)	10:32.96	2013
5,000m	Faith Keitany (Hampton)	17:06.62	2017
10,000m	Faith Keitany (Hampton)	34:52.91	2017
100m hurdles	Jasmine Benbow (Maryland Eastern Shore)	12.51	2010
400m hurdles	Chloe Davis (Hampton)	57.42	2002
4x100m relay	Florida A&M	42.61	2010
4x400m relay	Hampton	3:32.30	2015
High Jump	Deandra Daniel (Coppin State)	1.87m (6-1.5 ft)	2015
Pole Vault	Cheleste Taylor (South Carolina State)	5.09m (16-08.25 ft)	2011
Long Jump	Champagne Bell (Norfolk State)	6.63m (21-9 ft)	2011
Triple Jump	Yvette Lewis (Hampton)	13.34m (43-09.35 ft)	2007
Shot Put	Vanessa Henry (Maryland Eastern Shore)	16.48m (52-09.23 ft)	2012
Discus	Tiffany Daughtry (Florida A&M)	51.09m (167-07.50 ft)	1990
Javelin	Unknown	49.40m (162-01 ft)	Unknown
Hammer	Taniya Mitchell (Hampton)	54.37m (178-4 ft.)	2017
Heptathlon	Nnamdi Davis (Bethune-Cookman)	5,409 points	2017



MEAC OUTDOOR TRACK & FIELD NOTEBOOK

ALL-TIME MEN'S OUTDOOR TRACK & FIELD CHAMPIONS

<u>Year</u>	<u>Champion</u>	<u>Outstanding Performer(s)</u>	<u>Outstanding Coach</u>
2017	North Carolina A&T State	Steven Thomas (CSU)-Field Khalil Rmidi Kinini (UMES) - Runner	Duane Ross (North Carolina A&T State)
2016	Bethune-Cookman	Steven Thomas (CSU)-Field Khalil Rmidi Kinini (UMES) - Runner	Donald Cooper (B-CU)
2015	Bethune-Cookman	Kenneth Fisher (B-CU)-Field Khalil Rmidi Kinini (UMES) - Runner	Donald Cooper (B-CU)
2014	Bethune-Cookman	Dillon Simon (UMES)-Field Chidi Okezie (HAM) - Runner	Donald Cooper (B-CU)
2013	Hampton	Dillon Simon (UMES)-Field Elias Chesire (FAMU) - Runner	Maurice Pierce (HAM)
2012	Norfolk State	Emmanuel Stewart (MSU)-Field Keith Nkrumah (NSU) Elias Chesire (FAMU) Co-Runner	Kenneth Giles (NSU)
2011	Norfolk State	Damon Dixon (HAM)-Field Mustapha Habbani (UMES)-Runner	Kenneth Giles (NSU)
2010	Norfolk State	Robert Boulware (NCAT)-Field Amos Kipkosgei (NSU)-Runner	Kenneth Giles (NSU)
2009	Norfolk State	Marlon Woods (NSU)	Kenneth Giles (NSU)
2008	Norfolk State	Marlon Woods (NSU)	Kenneth Giles (NSU)
2007	Norfolk State	Andrew Peresta (Hampton)	Kenneth Giles (NSU)
2006	Norfolk State	David Kemboi (NSU)	Kenneth Giles (NSU)
2005	Florida A&M	Kevin Hicks (FAMU)	Rey Robinson (FAMU)
2004	Hampton/FAMU	Kevin Hicks (FAMU)	Rey Robinson/David Boyd
2003	Hampton	Jerome Mathis (Hampton)	David Boyd (Hampton)
2002	Florida A&M	Ben Chesang (B-CC)	Rey Robinson (FAMU)
2001	Norfolk State	Travis Ridley (Hampton)	Floyd Conley (NSU)
2000	Florida A&M	James Carter (Hampton)	Rey Robinson (FAMU)
1999	Hampton	James Carter (Hampton)	David Boyd (Hampton)
1998	Norfolk State	Claude Toukene (NSU)	Steve Riddick (NSU)
1997	Florida A&M	Mark Sye (MSU)	Bobby Lang (FAMU)
1996	North Carolina A&T	Byron Copeland (SCSU)	Roy Thompson (NCAT)
1995	North Carolina A&T	Marcus Green (DSU)	Roy Thompson (NCAT)
1994	North Carolina A&T	Donald Cooper (SCSU)	Roy Thompson (NCAT)
1993	Florida A&M	Keith Blake (FAMU)	Bobby Lang (FAMU)
1992	Delaware State	Maurice Moore (NCAT)	Joe Burden (DSU)
1991	Florida A&M	David Stargel (FAMU)	Bobby Lang (FAMU)
1990	South Carolina State	Ainsley Blackman (SCSU)	Robert Johnson (SCSU)
1989	Florida A&M	Roderick Gooch (SCSU)	Bobby Lang (FAMU)
1988	Florida A&M	John Branch (How)	Bobby Lang (FAMU)
1987	South Carolina State	Howard Huckaby (FAMU)	Robert Johnson (SCSU)
1986	South Carolina State	Darryl Simmons (SCSU)	Robert Johnson (SCSU)
1985	South Carolina State	Preston Thorpe (SCSU)	Robert Johnson (SCSU)
1984	South Carolina State	Rohan Stuart (SCSU)	Robert Johnson (SCSU)
1983	South Carolina State	David Charlton (Howard)	Robert Johnson (SCSU)
1982	Florida A&M	Javaro Sims (FAMU)	Bobby Lang (FAMU)
1981	South Carolina State	David Charlton (Howard)	Joe Burden (DSU)
1980	Florida A&M	Alphonso Williams (FAMU)	Bobby Lang (FAMU)
1979	South Carolina State	n/a	n/a
1978	South Carolina State	n/a	n/a
1977	South Carolina State	n/a	n/a
1976	Delaware State	n/a	n/a
1974	N.C. Central	n/a	n/a
1973	N.C. Central	n/a	n/a
1972	N.C. Central	n/a	n/a



ALL-TIME MEN'S TRACK & FIELD RECORDS (1971-2018)

EVENT	RECORD HOLDER (SCHOOL)	THE RECORD	YEAR
100m	Christopher Belcher (North Carolina A&T State)	9.93	2017
200m	Rocky Cunningham (South Carolina State)	20.00	1978
400m	Chris Brown (Norfolk State)	45.60	2001
800m	Jonathan Moore (Bethune-Cookman)	1:48.25	2016
1500m	Al Williams (Florida A&M)	3:45.76	1981
5000m	Khalil Rmidi Kinini (Maryland Eastern Shore)	14:10.37	2017
110m hurdles	Trey Holloway (Hampton)	13.57	2015
400m hurdles	Leslie Murray (Delaware State)	50.29	2011
3000m SC	Khalil Rmidi Kinini (Maryland Eastern Shore)	8:46.62	2017
10000m	Ronald Korir (Florida A&M)	30:38.46	2017
4x100m relay	North Carolina A&T State	38.48	2017
4x400m relay	North Carolina A&T State	3:06.14	2017
High Jump	Chris Gary (Florida A&M)	2.25m (7-04.50 ft)	1993
Pole Vault	David Stephens (South Carolina State)	5.40m (17-08.50 ft)	2004
Long Jump	Corey Vinston (Norfolk State)	7.93m (26-00.25 ft)	2008
Triple Jump	Michael Tiller (Bethune-Cookman)	16.33m (53-7 ft)	2017
Shot Put	Dillon Simon (Maryland Eastern Shore)	18.64m (61-02.00 ft)	2014
Discus	Dillon Simon (Maryland Eastern Shore)	55.85m (183-03.00 ft)	2014
Javelin	Kenneth Beache (Howard)	70.85m (232.05.50 ft)	1987
Hammer	Steven Thomas (Coppin State)	52.31m (171-7 ft.)	2017
Decathlon	Alan Mitchell (Morgan State)	6693 points	2005
Individual Points	Byron Copeland (South Carolina State)	32.5 points	1996
Team Points	South Carolina State	240 points	1977



100m (Men)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Fair, Kareem	Bethune-Cookman	10.11	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
2	Kemp, Demek	South Carolina St.	10.27	Weems Baskin Relays	Mar 23, 2018
3	Mitchell, Jaylan	N. Carolina A&T	10.35	Florida Relays	Mar 29, 2018
4	Amoah, Joseph	Coppin State	10.39	Weems Baskin Relays	Mar 23, 2018
4	Rowe, Rodney	N. Carolina A&T	10.39	Florida Relays	Mar 29, 2018
6	Thomas, Joel	N. Carolina A&T	10.43	Weems Baskin Relays	Mar 23, 2018
7	White, Desean	Morgan State	10.48	Florida Relays	Mar 29, 2018
8	Richard, Tyrell	South Carolina St.	10.49	Weems Baskin Relays	Mar 23, 2018
9	Bailey, Henrick	Bethune-Cookman	10.50	Savannah State Tiger Relays	Mar 3, 2018
10	Williams, Jordan	Bethune-Cookman	10.53	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018

100m (Women)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	White, Bethany	N.C. Central	11.41	Raleigh Relays	Mar 30, 2018
2	Brinson, Jonina	Bethune-Cookman	11.59	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
3	McCreath-Tardiel, Sade	Bethune-Cookman	11.69	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
4	Morton, Meshala	Hampton	11.75	Weems Baskin Relays	Mar 23, 2018
5	White, Kayla	N. Carolina A&T	11.77	Florida Relays	Mar 29, 2018

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
6	Brown, India	N. Carolina A&T	11.78	Florida Relays	Mar 29, 2018
7	Morris, Akia	N.C. Central	11.83	Raleigh Relays	Mar 30, 2018
8	Nichols, Monae'	Bethune-Cookman	11.84	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
9	Morrison, Quamecha	Bethune-Cookman	11.86	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
10	Pitchford, Mallory	Hampton	11.88	Weems Baskin Relays	Mar 23, 2018

200m (Men)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Rowe, Rodney	N. Carolina A&T	20.58	Florida Relays	Mar 29, 2018
2	Richard, Tyrell	South Carolina St.	20.78	Charleston Southern University Spring Break Invitational	Mar 16, 2018
3	Williams, Jordan	Bethune-Cookman	20.97	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
4	Bailey, Henrick	Bethune-Cookman	21.23	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
4	White, Desean	Morgan State	21.23	2018 Colonial Relays	Apr 5, 2018
6	Owusu-Antwi, Martin	Coppin State	21.24	Weems Baskin Relays	Mar 23, 2018
7	Hodges, Keshawn	Coppin State	21.26	Florida Relays	Mar 29, 2018
8	Fair, Kareem	Bethune-Cookman	21.27	USF Bulls Invitational	Mar 22, 2018
9	Thomas, Joel	N. Carolina A&T	21.29	Weems Baskin Relays	Mar 23, 2018
9	Amoah, Joseph	Coppin State	21.29	Florida Relays	Mar 29, 2018

200m (Women)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	White, Kayla	N. Carolina A&T	23.36	Gamecock Invitational	Apr 7, 2018
2	Brown, India	N. Carolina A&T	23.50	Florida Relays	Mar 29, 2018
3	Morrison, Quamecha	Bethune-Cookman	23.61	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
4	McCreath-Tardiel, Sade	Bethune-Cookman	24.01	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
5	Morton, Meshala	Hampton	24.20	Weems Baskin Relays	Mar 23, 2018
6	Beasley, Jadzia	N. Carolina A&T	24.25	Florida Relays	Mar 29, 2018
7	Williams, Tiara	Bethune-Cookman	24.26	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
8	Williams, Sun-Sara	N. Carolina A&T	24.27	Weems Baskin Relays	Mar 23, 2018
8	Gabriel, Luan	Maryland-Eastern Shore	24.27	2018 Colonial Relays	Apr 5, 2018
10	White, Bethany	N.C. Central	24.32	Weems Baskin Relays	Mar 23, 2018

400m (Men)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Stewart, Trevor	N. Carolina A&T	46.61	Florida Relays	Mar 29, 2018
2	Richard, Tyrell	South Carolina St.	46.72	Charleston Southern University Spring Break Invitational	Mar 16, 2018
3	Harding, Dajuan	N. Carolina A&T	46.93	Florida Relays	Mar 29, 2018
4	Williams, Jordan	Bethune-Cookman	46.99	Florida Relays	Mar 29, 2018
4	Barnes, Trequan	Norfolk State	46.99	2018 Colonial Relays	Apr 5, 2018
6	Lewis, Gordon	N.C. Central	47.07	Raleigh Relays	Mar 30, 2018
7	Owusu-Antwi, Martin	Coppin State	47.45	Florida Relays	Mar 29, 2018

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
8	Hamilton, Justin	N. Carolina A&T	47.57	Florida Relays	Mar 29, 2018
9	Smith, Jamari	Florida A&M	47.60	UCF Black and Gold Challenge	Mar 16, 2018
10	Moore, Jonathan	Bethune-Cookman	47.71	USF Bulls Invitational	Mar 22, 2018

400m (Women)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Joe, Asia	Bethune-Cookman	53.63	UCF Black and Gold Challenge	Mar 16, 2018
2	Ray, Tori	N. Carolina A&T	53.98	Florida Relays	Mar 29, 2018
3	Lundy, Nia	N. Carolina A&T	54.71	Florida Relays	Mar 29, 2018
4	Williams, Sun-Sara	N. Carolina A&T	54.73	Florida Relays	Mar 29, 2018
5	Barham, Annastacia	Morgan State	55.04	Florida Relays	Mar 29, 2018
6	Russell, Payton	N. Carolina A&T	55.66	Florida Relays	Mar 29, 2018
7	McDowell, Valencia	Morgan State	55.90	Weems Baskin Relays	Mar 23, 2018
8	Pride, Malika	Norfolk State	56.04	2018 Colonial Relays	Apr 5, 2018
9	Meads, Brittany	Morgan State	56.18	Weems Baskin Relays	Mar 23, 2018
10	Tshikaya, Lea	Bethune-Cookman	56.41	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018

800m (Men)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Burris, Tayvon	Hampton	1:49.99	Florida Relays	Mar 29, 2018
2	Moore, Jonathan	Bethune-Cookman	1:50.56	UCF Black and Gold Challenge	Mar 16, 2018

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
3	Abbkar, Abbas	Savannah State	1:50.72	Weems Baskin Relays	Mar 23, 2018
4	Berryhill, Cameron	Bethune-Cookman	1:51.59	UCF Black and Gold Challenge	Mar 16, 2018
5	Bah, Mohamed	Howard	1:53.41	Raleigh Relays	Mar 30, 2018
6	Johnson, Alan	N. Carolina A&T	1:53.56	Gamecock Invitational	Apr 7, 2018
7	Petty, DeAndre	Bethune-Cookman	1:53.61	UCF Black and Gold Challenge	Mar 16, 2018
8	London, Mark	Coppin State	1:53.69	Florida Relays	Mar 29, 2018
9	Aiken, Corey	N. Carolina A&T	1:53.83	Florida Relays	Mar 29, 2018
10	Kiptoo, Daniel	Bethune-Cookman	1:54.10	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018

800m (Women)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Rowe, Infinnatie	Morgan State	2:09.24	Florida Relays	Mar 29, 2018
2	Barnes, Kristoni	N. Carolina A&T	2:09.27	Florida Relays	Mar 29, 2018
3	Chepkemei, Eusila	Hampton	2:09.31	Florida Relays	Mar 29, 2018
4	Butler, G'Jasmyne	N. Carolina A&T	2:09.47	Florida Relays	Mar 29, 2018
5	Johnson, Destiny	Florida A&M	2:10.85	Florida Relays	Mar 29, 2018
6	McDowell, Valencia	Morgan State	2:10.89	Florida Relays	Mar 29, 2018
7	Quinonero, Neus	Maryland-Eastern Shore	2:13.46	2018 Colonial Relays	Apr 5, 2018
8	Benson, Sydney	Howard	2:13.69	Gamecock Invitational	Apr 7, 2018
9	Coleman, Imani	N. Carolina A&T	2:16.00	Florida Relays	Mar 29, 2018
10	Joe, Asia	Bethune-Cookman	2:16.09	USF Bulls Invitational	Mar 22, 2018

1500m (Men)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Too, David	Florida A&M	3:55.56	Tiger Orange and Blue Classic	Mar 10, 2018
2	Kirui, Wesley	Hampton	3:55.87	Weems Baskin Relays	Mar 23, 2018
3	McCullough, Geoffrey	Hampton	3:56.07	Gamecock Invitational	Apr 7, 2018
4	Abbkar, Abbas	Savannah State	3:56.53	Tiger Orange and Blue Classic	Mar 10, 2018
5	Too, Emmanuel	Hampton	3:58.53	Weems Baskin Relays	Mar 23, 2018
6	Chouati, Oussama	Maryland-Eastern Shore	3:59.68	Alan Connie Shamrock Invitational	Mar 15, 2018
7	Bah, Mohamed	Howard	3:59.79	Raleigh Relays	Mar 30, 2018
8	Aiken, Corey	N. Carolina A&T	4:02.38	Gamecock Invitational	Apr 7, 2018
9	Kemboi, Festus	Florida A&M	4:03.06	Florida Relays	Mar 29, 2018
10	Berryhill, Cameron	Bethune-Cookman	4:03.73	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018

1500m (Women)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Bissah, Martha	Norfolk State	4:27.46	Fred Hardy Invitational	Mar 30, 2018
2	Chepkemei, Eusila	Hampton	4:36.15	2018 Colonial Relays	Apr 5, 2018
3	Higgins, Candice	Norfolk State	4:41.08	Fred Hardy Invitational	Mar 30, 2018
4	Stanford, Destiny	Howard	4:41.16	Gamecock Invitational	Apr 7, 2018
5	Okeago, Janet	Hampton	4:43.13	Weems Baskin Relays	Mar 23, 2018
6	Ogundeko, Tatiana	Coppin State	4:44.46	2018 NAVY Men's Invitational	Mar 31, 2018
6	Hodnett, Tatyana	Bethune-Cookman	4:44.46	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
8	Butler, G'Jasmyne	N. Carolina A&T	4:46.07	Gamecock Invitational	Apr 7, 2018
9	Johnson, Destiny	Florida A&M	4:46.63	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
10	Barnes, Kristoni	N. Carolina A&T	4:49.95	Gamecock Invitational	Apr 7, 2018

5000m (Men)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Kirui, Wesley	Hampton	14:25.19	2018 Colonial Relays	Apr 5, 2018
2	Kemboi, Onesmus	Florida A&M	14:57.09	UCF Black and Gold Challenge	Mar 16, 2018
3	Too, Emmanuel	Hampton	14:59.26	2018 Colonial Relays	Apr 5, 2018
4	Girma, Anteneh	Norfolk State	15:06.44	Fred Hardy Invitational	Mar 30, 2018
5	Kemboi, Festus	Florida A&M	15:13.25	UCF Black and Gold Challenge	Mar 16, 2018
6	Kiprotich, Felix	Norfolk State	15:26.48	Fred Hardy Invitational	Mar 30, 2018
7	Walton, Xavier	Bethune-Cookman	15:32.06	UCF Black and Gold Challenge	Mar 16, 2018
8	Fantaye, Tomas	Norfolk State	15:34.38	2018 Colonial Relays	Apr 5, 2018
9	Kiptoo, Daniel	Bethune-Cookman	15:39.74	UCF Black and Gold Challenge	Mar 16, 2018
10	Meli, Stanley	Maryland-Eastern Shore	15:48.28	2018 Colonial Relays	Apr 5, 2018

5000m (Women)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Okeago, Janet	Hampton	17:20.30	2018 Colonial Relays	Apr 5, 2018
2	Kiplagat, Emmax	Florida A&M	17:25.61	UCF Black and Gold Challenge	Mar 16, 2018
3	Chepkemei, Eusila	Hampton	17:45.58	Alan Connie Shamrock Invitational	Mar 15, 2018
4	Keitany, Faith	Hampton	17:50.95	2018 Colonial Relays	Apr 5, 2018

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
5	Murgor, Nancy	Florida A&M	18:10.14	UCF Black and Gold Challenge	Mar 16, 2018
6	Rosikon, Katarzyna	Delaware State	18:39.85	Delaware Classic	Mar 24, 2018
7	Limo, Fridah	Florida A&M	18:43.42	UCF Black and Gold Challenge	Mar 16, 2018
8	Rotich, Mercy	Florida A&M	18:44.59	UCF Black and Gold Challenge	Mar 16, 2018
9	Tanui, Naomi	Florida A&M	18:46.84	UCF Black and Gold Challenge	Mar 16, 2018
10	Velasco, Pollyanna	Hampton	18:51.97	Alan Connie Shamrock Invitational	Mar 15, 2018

10,000m (Men)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Girma, Anteneh	Norfolk State	30:11.40	2018 Colonial Relays	Apr 5, 2018
2	Kirui, Wesley	Hampton	30:59.96	Alan Connie Shamrock Invitational	Mar 15, 2018
3	Too, Emmanuel	Hampton	31:45.29	Alan Connie Shamrock Invitational	Mar 15, 2018
4	Walton, Xavier	Bethune-Cookman	32:09.74	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
5	Kemboi, Onesmus	Florida A&M	32:14.26	Tiger Orange and Blue Classic	Mar 10, 2018
6	Kiptoo, Daniel	Bethune-Cookman	32:22.33	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
7	Kemboi, Festus	Florida A&M	32:28.11	Tiger Orange and Blue Classic	Mar 10, 2018
8	Bett, Festus	Norfolk State	33:00.61	Fred Hardy Invitational	Mar 30, 2018
9	Atakilti, Sahlu	Savannah State	33:02.66	49er Classic	Mar 15, 2018
10	Fantaye, Tomas	Norfolk State	33:11.38	Fred Hardy Invitational	Mar 30, 2018

10,000m (Women)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Okeago, Janet	Hampton	37:10.28	Alan Connie Shamrock Invitational	Mar 15, 2018
2	Kiplagat, Emmax	Florida A&M	38:05.15	Tiger Orange and Blue Classic	Mar 10, 2018
3	Murgor, Nancy	Florida A&M	39:23.80	Tiger Orange and Blue Classic	Mar 10, 2018
4	Rotich, Mercy	Florida A&M	40:04.68	Tiger Orange and Blue Classic	Mar 10, 2018
5	Limo, Fridah	Florida A&M	40:10.33	Tiger Orange and Blue Classic	Mar 10, 2018
6	Samoei, Caroline	Norfolk State	40:19.70	Fred Hardy Invitational	Mar 30, 2018
7	Pan, Nyajock	Bethune-Cookman	40:29.05	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
8	Tanui, Naomi	Florida A&M	41:10.47	Tiger Orange and Blue Classic	Mar 10, 2018

100H (Women)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	White, Kayla	N. Carolina A&T	13.30	Florida Relays	Mar 29, 2018
2	Akobundu, Madeleine	N. Carolina A&T	13.44	Weems Baskin Relays	Mar 23, 2018
3	Morrison, Quamecha	Bethune-Cookman	13.76	UCF Black and Gold Challenge	Mar 16, 2018
4	Nichols, Monae'	Bethune-Cookman	13.85	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
5	Smith, Autumn	Hampton	13.99	Weems Baskin Relays	Mar 23, 2018
6	Robinson, TeJyrica	N. Carolina A&T	14.00	Gamecock Invitational	Apr 7, 2018
7	Onuoha, Uchechi	Howard	14.01	Gamecock Invitational	Apr 7, 2018
8	Williams, Tiara	Bethune-Cookman	14.02	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
9	Wood, Alahni	Florida A&M	14.11	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
10	Tshikaya, Lea	Bethune-Cookman	14.17	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018

110H (Men)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Dickson, Michael	N. Carolina A&T	13.75	Gamecock Invitational	Apr 7, 2018
2	Townsend, Todd	N. Carolina A&T	13.88	Weems Baskin Relays	Mar 23, 2018
3	Lewis, Aaron	Coppin State	14.05	Florida Relays	Mar 29, 2018
4	Graham, Charles	Hampton	14.36	Gamecock Invitational	Apr 7, 2018
5	Jones, James	South Carolina St.	14.37	Charleston Southern University Spring Break Invitational	Mar 16, 2018
6	Williams, Jaelen	Hampton	14.51	Gamecock Invitational	Apr 7, 2018
7	Miller, Robert	N. Carolina A&T	14.52	Weems Baskin Relays	Mar 23, 2018
8	Lambert, Kiyair	Delaware State	14.74	2018 Colonial Relays	Apr 5, 2018
9	Okwaraji, Caleb	Bethune-Cookman	14.76	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
10	Onukwugh, Chisom	Maryland-Eastern Shore	14.79	Alan Connie Shamrock Invitational	Mar 15, 2018

400H (Men)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Williams, Jaelen	Hampton	50.73	Florida Relays	Mar 29, 2018
2	Davis, Stanley	Hampton	52.58	Weems Baskin Relays	Mar 23, 2018
3	Bonham, Chase	N. Carolina A&T	52.84	Florida Relays	Mar 29, 2018
4	Banks, Jaylen	Norfolk State	53.08	Fred Hardy Invitational	Mar 30, 2018

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
5	Ellis-Foster, Morgan	Savannah State	53.29	Florida Relays	Mar 29, 2018
6	Lambert, Kiyair	Delaware State	53.66	2018 Colonial Relays	Apr 5, 2018
7	Wright, Tyson	Bethune-Cookman	53.89	USF Bulls Invitational	Mar 22, 2018
8	Varella, Stephen	Morgan State	53.98	UNCW Seahawk Invitational	Mar 9, 2018
9	Okwaraji, Caleb	Bethune-Cookman	54.54	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
10	Miller, Robert	N. Carolina A&T	55.14	Florida Relays	Mar 29, 2018

400H (Women)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Tshikaya, Lea	Bethune-Cookman	59.36	Florida Relays	Mar 29, 2018
2	Onuoha, Uchechi	Howard	1:00.49	Gamecock Invitational	Apr 7, 2018
3	Thorne, Kennedy	N. Carolina A&T	1:00.93	Gamecock Invitational	Apr 7, 2018
4	Johnson, Destiny	Florida A&M	1:01.49	Savannah State Tiger Twilight	Mar 28, 2018
5	Hale, Aliyah	Howard	1:02.23	Gamecock Invitational	Apr 7, 2018
6	Smith, Autumn	Hampton	1:02.83	Florida Relays	Mar 29, 2018
7	Robinson, TeJyrica	N. Carolina A&T	1:02.90	Florida Relays	Mar 29, 2018
8	Davis, Kimani	Morgan State	1:03.50	2018 Colonial Relays	Apr 5, 2018
9	Davis-Hines, Daijah	Morgan State	1:03.57	Florida Relays	Mar 29, 2018
9	Alvin, Ed'Quisha	Florida A&M	1:03.57	Savannah State Tiger Twilight	Mar 28, 2018

3000 Steeple (Men)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
------	---------	------	------	------	-----------

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Too, David	Florida A&M	9:04.82	Florida Relays	Mar 29, 2018
2	Chouati, Oussama	Maryland-Eastern Shore	9:06.75	2018 Colonial Relays	Apr 5, 2018
3	Walton, Xavier	Bethune-Cookman	9:43.63	USF Bulls Invitational	Mar 22, 2018
4	Kiprotich, Felix	Norfolk State	9:47.03	2018 Colonial Relays	Apr 5, 2018
5	Kibii, Titus	Florida A&M	9:53.61	UCF Black and Gold Challenge	Mar 16, 2018
6	Maddox, Daquan	N. Carolina A&T	10:01.45	Weems Baskin Relays	Mar 23, 2018
7	Bett, Festus	Norfolk State	10:02.67	2018 Colonial Relays	Apr 5, 2018
8	McGee, Marquise	N. Carolina A&T	10:08.14	Gamecock Invitational	Apr 7, 2018
9	Meli, Stanley	Maryland-Eastern Shore	10:12.01	Alan Connie Shamrock Invitational	Mar 15, 2018
10	Sessoms, Terrence	Savannah State	10:12.88	49er Classic	Mar 15, 2018

3000 Steeple (Women)

RANK	ATHLETE	TEAM	TIME	MEET	MEET DATE
1	Martin, Camille	N. Carolina A&T	11:33.69	Florida Relays	Mar 29, 2018
2	Kibii, Judith	Florida A&M	11:37.30	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
3	Limo, Fridah	Florida A&M	11:39.96	Florida Relays	Mar 29, 2018
4	Jerop, Sharon	Maryland-Eastern Shore	11:58.30	2018 Colonial Relays	Apr 5, 2018
5	Green, Miranda	N. Carolina A&T	11:59.27	Weems Baskin Relays	Mar 23, 2018
6	Johnson, Asia	Hampton	12:48.82	2018 Colonial Relays	Apr 5, 2018

4 x 100 Relay (Men)

RANK	TEAM	TIME	MEET	MEET DATE
1	N. Carolina A&T	39.15	Florida Relays	Mar 29, 2018
2	Coppin State	39.73	Florida Relays	Mar 29, 2018
3	Bethune-Cookman	40.48	UCF Black and Gold Challenge	Mar 16, 2018
4	N.C. Central	40.63	Raleigh Relays	Mar 30, 2018
5	South Carolina St.	41.04	Weems Baskin Relays	Mar 23, 2018
6	Morgan State	41.25	Florida Relays	Mar 29, 2018
7	Florida A&M	41.39	UCF Black and Gold Challenge	Mar 16, 2018
8	Hampton	41.43	Alan Connie Shamrock Invitational	Mar 15, 2018
9	Maryland-Eastern Shore	43.24	Alan Connie Shamrock Invitational	Mar 15, 2018
10	Howard	43.27	49er Classic	Mar 15, 2018

4 x 100 Relay (Women)

RANK	TEAM	TIME	MEET	MEET DATE
1	N. Carolina A&T	44.65	Florida Relays	Mar 29, 2018
2	Bethune-Cookman	44.79	UCF Black and Gold Challenge	Mar 16, 2018
3	N.C. Central	45.76	Raleigh Relays	Mar 30, 2018
4	Hampton	46.00	Gamecock Invitational	Apr 7, 2018
5	Morgan State	46.35	Florida Relays	Mar 29, 2018
6	Florida A&M	47.19	Florida Relays	Mar 29, 2018
7	South Carolina St.	47.32	Charleston Southern University Spring Break Invitational	Mar 16, 2018
8	Howard	47.62	Gamecock Invitational	Apr 7, 2018
9	Coppin State	49.27	Hopkins/Loyola Invitational	Apr 6, 2018
10	Delaware State	49.75	2018 Colonial Relays	Apr 5, 2018

4 x 400 Relay (Men)

RANK	TEAM	TIME	MEET	MEET DATE
1	Hampton	3:08.05	Florida Relays	Mar 29, 2018

RANK	TEAM	TIME	MEET	MEET DATE
2	N. Carolina A&T	3:11.58	Florida Relays	Mar 29, 2018
3	Bethune-Cookman	3:11.82	USF Bulls Invitational	Mar 22, 2018
4	N.C. Central	3:14.06	49er Classic	Mar 15, 2018
5	Norfolk State	3:15.69	Weems Baskin Relays	Mar 23, 2018
6	Morgan State	3:16.86	UNCW Seahawk Invitational	Mar 9, 2018
7	Florida A&M	3:17.20	UCF Black and Gold Challenge	Mar 16, 2018
8	Howard	3:17.43	Gamecock Invitational	Apr 7, 2018
9	Savannah State	3:22.52	Tiger Orange and Blue Classic	Mar 10, 2018
10	Delaware State	3:24.41	Delaware Classic	Mar 24, 2018

4 x 400 Relay (Women)

RANK	TEAM	TIME	MEET	MEET DATE
1	N. Carolina A&T	3:36.91	Florida Relays	Mar 29, 2018
2	Morgan State	3:43.88	Florida Relays	Mar 29, 2018
3	Florida A&M	3:45.96	Florida Relays	Mar 29, 2018
4	Hampton	3:46.59	Florida Relays	Mar 29, 2018
5	Howard	3:47.11	Gamecock Invitational	Apr 7, 2018
6	Norfolk State	3:47.43	Fred Hardy Invitational	Mar 30, 2018
7	N.C. Central	3:51.65	49er Classic	Mar 15, 2018
8	Maryland-Eastern Shore	3:57.17	Alan Connie Shamrock Invitational	Mar 15, 2018
9	Savannah State	3:59.94	Savannah State Tiger Relays	Mar 3, 2018
10	Bethune-Cookman	4:01.71	Savannah State Tiger Relays	Mar 3, 2018

High Jump (Men)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Milton, Jacob	Norfolk State	2.19m	7' 2.25"	Weems Baskin Relays	Mar 23, 2018
2	Warner, Garth	Norfolk State	2.10m	6' 10.75"	2018 Colonial Relays	Apr 5, 2018
3	Williams, Kelton	Bethune-Cookman	2.01m	6' 7"	Florida Relays	Mar 29, 2018

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
3	Lipford, Nehemiah	N. Carolina A&T	2.01m	6' 7"	Florida Relays	Mar 29, 2018
5	Smalls, Omega	N.C. Central	2.00m	6' 6.75"	High Point VertKlasse	Apr 6, 2018
5	Jones, Marvin	N.C. Central	2.00m	6' 6.75"	49er Classic	Mar 15, 2018
7	Pressley, Daenah	Morgan State	1.98m	6' 6"	Weems Baskin Relays	Mar 23, 2018
8	Rhooms, Kobe-Jordan	Morgan State	1.96m	6' 5"	UNCW Seahawk Invitational	Mar 9, 2018
9	Bullock, Milan	Howard	1.95m	6' 4.75"	Raleigh Relays	Mar 30, 2018
10	Branch, Mykol	N.C. Central	1.93m	6' 4"	49er Classic	Mar 15, 2018

High Jump (Women)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Morrison, Quamecha	Bethune-Cookman	1.78m	5' 10"	USF Bulls Invitational	Mar 22, 2018
2	Brinson, Jonina	Bethune-Cookman	1.73m	5' 8"	USF Bulls Invitational	Mar 22, 2018
3	Reddick, Nazah	N. Carolina A&T	1.70m	5' 7"	Florida Relays	Mar 29, 2018
4	Alvin, Ed'Quisha	Florida A&M	1.69m	5' 6.5"	Tiger Orange and Blue Classic	Mar 10, 2018
5	Battle, Moena	Bethune-Cookman	1.68m	5' 6"	USF Bulls Invitational	Mar 22, 2018
6	Crenshaw, Bhrandi	N.C. Central	1.66m	5' 5.25"	High Point VertKlasse	Apr 6, 2018
7	Nelson, Aisha	Florida A&M	1.65m	5' 5"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
8	Fisher, Tamadj	Hampton	1.60m	5' 3"	Alan Connie Shamrock Invitational	Mar 15, 2018
9	Bryant, Catherine	Florida A&M	1.58m	5' 2.25"	Savannah State Tiger Twilight	Mar 28, 2018
9	Giacomucci, Ashley	Florida A&M	1.58m	5' 2.25"	UCF Black and Gold Challenge	Mar 16, 2018

Pole Vault (Men)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Harper, Dominic	Bethune-Cookman	4.77m	15' 7.75"	Florida Relays	Mar 29, 2018
2	McMillan, Connor	Florida A&M	4.45m	14' 7.25"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
3	Clark, Trey	Hampton	4.30m	14' 1.25"	Alan Connie Shamrock Invitational	Mar 15, 2018
4	Funkhouser, Adam	Delaware State	4.15m	13' 7.25"	2018 Colonial Relays	Apr 5, 2018
5	Booker, Patrick	Norfolk State	4.00m	13' 1.5"	Weems Baskin Relays	Mar 23, 2018
6	Nelson, Raquan	Bethune-Cookman	3.96m	12' 11.75"	Savannah State Tiger Relays	Mar 3, 2018
7	Anderson, Nicolas	N.C. Central	3.90m	12' 9.5"	49er Classic	Mar 15, 2018
8	Heholt, Brent	Bethune-Cookman	2.95m	9' 8"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
8	Wright, Tyson	Bethune-Cookman	2.95m	9' 8"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
10	Beachem, JaQuaveon	Bethune-Cookman	2.75m	9' 0.25"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018

Pole Vault (Women)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Knight, Morgan	N. Carolina A&T	3.66m	12' 0"	High Point VertKlasse	Apr 6, 2018
2	Forte, Savannah	Coppin State	3.40m	11' 1.75"	Hopkins/Loyola Invitational	Apr 6, 2018
3	Dennis, Jazmyn	Florida A&M	3.35m	10' 11.75"	UCF Black and Gold Challenge	Mar 16, 2018
3	Brooks, Cheyenne	Florida A&M	3.35m	10' 11.75"	Tiger Orange and Blue Classic	Mar 10, 2018
3	Sizemore, Kourtney	Savannah State	3.35m	10' 11.75"	Savannah State Tiger Twilight	Mar 28, 2018
6	Alvarez, DiCaria	Florida A&M	3.05m	10' 0"	Savannah State Tiger Twilight	Mar 28, 2018
7	Alston, Aidan	Coppin State	2.90m	9' 6.25"	Hopkins/Loyola Invitational	Apr 6, 2018

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
8	Harris, Alexis	Bethune-Cookman	2.60m	8' 6.25"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
9	Alvin, Ed'Quisha	Florida A&M	2.45m	8' 0.5"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
10	Francis, Krystal	Savannah State	2.00m	6' 6.75"	Savannah State Tiger Twilight	Mar 28, 2018

Long Jump (Men)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Hylton, Lloyd	Morgan State	7.65m	25' 1.25"	Florida Relays	Mar 29, 2018
2	Seawright, Daniel	South Carolina St.	7.46m	24' 5.75"	Weems Baskin Relays	Mar 23, 2018
3	Earls, JaiQuan	Bethune-Cookman	7.35m	24' 1.5"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
4	Franklin, Malik	Savannah State	7.28m	23' 10.75"	Florida Relays	Mar 29, 2018
5	Richardson, Jamaz	Bethune-Cookman	7.26m	23' 10"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
6	James, Laron	Savannah State	7.21m	23' 8"	Florida Relays	Mar 29, 2018
7	Rhooms, Kobe-Jordan	Morgan State	7.14m	23' 5.25"	2018 Colonial Relays	Apr 5, 2018
8	Sampson, Joel	Bethune-Cookman	7.13m	23' 4.75"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
9	Bell, Michael	N. Carolina A&T	7.05m	23' 1.75"	Weems Baskin Relays	Mar 23, 2018
10	Beachem, JaQuaveon	Bethune-Cookman	6.93m	22' 9"	UCF Black and Gold Challenge	Mar 16, 2018

Long Jump (Women)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Akobundu, Madeleine	N. Carolina A&T	6.14m	20' 1.75"	Weems Baskin Relays	Mar 23, 2018
2	Thomas, Jacqueline	Bethune-Cookman	5.89m	19' 4"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
3	Cleggett, Dominique	Howard	5.80m	19' 0.5"	49er Classic	Mar 15, 2018
4	Leonard, Jaelen	Hampton	5.79m	19' 0"	Gamecock Invitational	Apr 7, 2018
5	Brinson, Jonina	Bethune-Cookman	5.77m	18' 11.25"	UCF Black and Gold Challenge	Mar 16, 2018
6	Toppin, Anisa	N. Carolina A&T	5.74m	18' 10"	Florida Relays	Mar 29, 2018
7	McKenzie, Jasmine	Bethune-Cookman	5.68m	18' 7.75"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
7	Williams, Tiara	Bethune-Cookman	5.68m	18' 7.75"	Savannah State Tiger Relays	Mar 3, 2018
9	Key, Kayla	Hampton	5.65m	18' 6.5"	Gamecock Invitational	Apr 7, 2018
10	Conyers, Amber	Delaware State	5.64m	18' 6"	2018 Colonial Relays	Apr 5, 2018

Triple Jump (Men)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Strozier, Lasheon	N. Carolina A&T	15.27m	50' 1.25"	Weems Baskin Relays	Mar 23, 2018
2	Franklin, Malik	Savannah State	14.70m	48' 2.75"	Florida Relays	Mar 29, 2018
3	Sampson, Joel	Bethune-Cookman	14.68m	48' 2"	UCF Black and Gold Challenge	Mar 16, 2018
4	Arriola, Issac	Hampton	14.57m	47' 9.75"	Alan Connie Shamrock Invitational	Mar 15, 2018
5	Beachem, JaQuaveon	Bethune-Cookman	14.42m	47' 3.75"	UCF Black and Gold Challenge	Mar 16, 2018
6	Copeland, Donterious	Savannah State	14.26m	46' 9.5"	Tiger Orange and Blue Classic	Mar 10, 2018
7	Walker, Dartavius	Bethune-Cookman	14.15m	46' 5.25"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
8	Lipford, Nehemiah	N. Carolina A&T	14.07m	46' 2"	Gamecock Invitational	Apr 7, 2018
9	Falconer, Kani	Florida A&M	14.03m	46' 0.5"	UCF Black and Gold Challenge	Mar 16, 2018

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
10	Earls, JaiQuan	Bethune-Cookman	13.84m	45' 5"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018

Triple Jump (Women)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Toppin, Anisa	N. Carolina A&T	12.83m	42' 1.25"	Florida Relays	Mar 29, 2018
2	Crenshaw, Bhrandi	N.C. Central	12.18m	39' 11.5"	49er Classic	Mar 15, 2018
3	Corbett, Tiara	Florida A&M	12.15m	39' 10.5"	Tiger Orange and Blue Classic	Mar 10, 2018
4	Edler, Rachel	Howard	12.01m	39' 5"	Gamecock Invitational	Apr 7, 2018
5	McNeal, Christine	Bethune-Cookman	11.97m	39' 3.25"	USF Bulls Invitational	Mar 22, 2018
6	Thomas, Jayme	Hampton	11.92m	39' 1.25"	Weems Baskin Relays	Mar 23, 2018
7	Dennis, Jazmyn	Florida A&M	11.88m	38' 11.75"	Tiger Orange and Blue Classic	Mar 10, 2018
8	Johnson, Tre'J	Coppin State	11.71m	38' 5"	Weems Baskin Relays	Mar 23, 2018
9	Tyler, Ars'Breana	South Carolina St.	11.62m	38' 1.5"	Charleston Southern University Spring Break Invitational	Mar 16, 2018
10	Johnson, Royce	N. Carolina A&T	11.54m	37' 10.5"	Weems Baskin Relays	Mar 23, 2018

Shot Put (Men)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Peters, Jeremiah	Bethune-Cookman	17.27m	56' 8"	UCF Black and Gold Challenge	Mar 16, 2018
2	Wilkerson, Aaron	N. Carolina A&T	15.87m	52' 1"	Weems Baskin Relays	Mar 23, 2018
3	Hanna, Aaron	Florida A&M	15.61m	51' 2.75"	Florida Relays	Mar 29, 2018
4	Elliott, Vikarie	Morgan State	15.59m	51' 1.75"	2018 Colonial Relays	Apr 5, 2018

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
5	Bandy, Elijah	South Carolina St.	14.46m	47' 5.25"	Charleston Southern University Spring Break Invitational	Mar 16, 2018
6	Holston, Sidney	Bethune-Cookman	14.28m	46' 10.25"	USF Bulls Invitational	Mar 22, 2018
7	Wheeler, Derrick	N. Carolina A&T	14.13m	46' 4.25"	High Point VertKlasse	Apr 6, 2018
8	Richards, Balvin	Coppin State	14.04m	46' 0.75"	Hopkins/Loyola Invitational	Apr 6, 2018
9	Nottage, Kyle	Maryland-Eastern Shore	13.51m	44' 4"	Alan Connie Shamrock Invitational	Mar 15, 2018
10	Hunter, Joshua	Hampton	13.47m	44' 2.5"	Weems Baskin Relays	Mar 23, 2018

Shot Put (Women)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	White, Akassja	Bethune-Cookman	14.40m	47' 3"	USF Bulls Invitational	Mar 22, 2018
2	Thomas, Kiyanna	Hampton	13.87m	45' 6.25"	Weems Baskin Relays	Mar 23, 2018
3	Gorum, Taylor	Florida A&M	13.84m	45' 5"	Savannah State Tiger Twilight	Mar 28, 2018
4	James, Loren	N. Carolina A&T	13.51m	44' 4"	Weems Baskin Relays	Mar 23, 2018
5	Parker, Egypt	Delaware State	13.41m	44' 0"	Delaware Classic	Mar 24, 2018
6	Solomon, Dorian	Florida A&M	13.29m	43' 7.25"	UCF Black and Gold Challenge	Mar 16, 2018
7	Culhane, Ayana	Hampton	12.94m	42' 5.5"	Gamecock Invitational	Apr 7, 2018
8	Hall, Jasmyn	Morgan State	12.92m	42' 4.75"	Maryland Invitational	Mar 17, 2018
9	Johnson, Shontielle	Florida A&M	12.90m	42' 4"	Savannah State Tiger Twilight	Mar 28, 2018
10	Bryant, Catherine	Florida A&M	12.85m	42' 2"	Savannah State Tiger Twilight	Mar 28, 2018

Discus (Men)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Peters, Jeremiah	Bethune-Cookman	47.80m	156' 10"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
2	Duncan, Robert	Delaware State	46.14m	151' 4"	2018 Colonial Relays	Apr 5, 2018
3	Dabipi, Tamunoibi	Maryland-Eastern Shore	45.92m	150' 8"	Alan Connie Shamrock Invitational	Mar 15, 2018
4	Elliott, Vikarie	Morgan State	45.65m	149' 9"	Weems Baskin Relays	Mar 23, 2018
5	Smith, Joshua	Morgan State	44.64m	146' 5"	Weems Baskin Relays	Mar 23, 2018
6	Richards, Balvin	Coppin State	44.20m	145' 0"	Hopkins/Loyola Invitational	Apr 6, 2018
7	Holston, Sidney	Bethune-Cookman	43.82m	143' 9"	Savannah State Tiger Relays	Mar 3, 2018
8	Britt, Roderick	South Carolina St.	43.18m	141' 8"	Gamecock Invitational	Apr 7, 2018
9	Butler, Joshua	Florida A&M	43.00m	141' 1"	Tiger Orange and Blue Classic	Mar 10, 2018
10	Hunter, Joshua	Hampton	42.32m	138' 10"	Alan Connie Shamrock Invitational	Mar 15, 2018

Discus (Women)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Gorum, Taylor	Florida A&M	49.30m	161' 9"	UCF Black and Gold Challenge	Mar 16, 2018
2	Hall, Jasmyn	Morgan State	41.11m	134' 10"	Weems Baskin Relays	Mar 23, 2018
3	Parker, Egypt	Delaware State	40.81m	133' 11"	Delaware Classic	Mar 24, 2018
4	Lewis, Markeisha	Florida A&M	40.80m	133' 10"	Tiger Orange and Blue Classic	Mar 10, 2018
5	James, Loren	N. Carolina A&T	39.95m	131' 1"	High Point VertKlasse	Apr 6, 2018
6	Solomon, Dorian	Florida A&M	39.85m	130' 9"	Tiger Orange and Blue Classic	Mar 10, 2018
7	Scott, Onnika	Florida A&M	38.80m	127' 3"	Tiger Orange and Blue Classic	Mar 10, 2018

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
8	White, Akassja	Bethune-Cookman	38.71m	127' 0"	UCF Black and Gold Challenge	Mar 16, 2018
9	Mitchell, Corneisha	Hampton	38.69m	126' 11"	Gamecock Invitational	Apr 7, 2018
10	Shears, Faith	Savannah State	38.62m	126' 8"	Savannah State Tiger Twilight	Mar 28, 2018

Hammer (Men)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Wheeler, Derrick	N. Carolina A&T	52.21m	171' 3"	Weems Baskin Relays	Mar 23, 2018
2	Holston, Sidney	Bethune-Cookman	51.30m	168' 4"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
3	Hanna, Aaron	Florida A&M	44.82m	147' 0"	UCF Black and Gold Challenge	Mar 16, 2018
4	Omolo, Jardon	Florida A&M	44.71m	146' 8"	Savannah State Tiger Twilight	Mar 28, 2018
5	Elliott, Vikarie	Morgan State	44.55m	146' 2"	Maryland Invitational	Mar 17, 2018
6	Peters, Jeremiah	Bethune-Cookman	40.52m	132' 11"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
7	Dabipi, Tamunoibi	Maryland-Eastern Shore	39.95m	131' 1"	Delaware Classic	Mar 24, 2018
8	Britt, Roderick	South Carolina St.	39.84m	130' 8"	Gamecock Invitational	Apr 7, 2018
9	Baker, Korteece	Florida A&M	39.65m	130' 1"	Savannah State Tiger Twilight	Mar 28, 2018
10	Tate, Keno	Bethune-Cookman	39.38m	129' 2"	UCF Black and Gold Challenge	Mar 16, 2018

Hammer (Women)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Scott, Onnika	Florida A&M	52.85m	173' 5"	Savannah State Tiger Twilight	Mar 28, 2018
2	White, Akassja	Bethune-Cookman	49.16m	161' 3"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
3	Figueroa, Alelee	Florida A&M	47.70m	156' 6"	Savannah State Tiger Twilight	Mar 28, 2018
4	Solomon, Dorian	Florida A&M	46.72m	153' 3"	UCF Black and Gold Challenge	Mar 16, 2018
5	Abraham, Imani	N. Carolina A&T	45.42m	149' 0"	Weems Baskin Relays	Mar 23, 2018
6	Watkins, Mi-ah	Howard	44.41m	145' 8"	Gamecock Invitational	Apr 7, 2018
7	Frederick, Antonya	Bethune-Cookman	44.22m	145' 1"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
8	Simmons, Olivia	Florida A&M	44.00m	144' 4"	Tiger Orange and Blue Classic	Mar 10, 2018
9	Shears, Faith	Savannah State	43.96m	144' 3"	Savannah State Tiger Relays	Mar 3, 2018
10	Johnson, Shontielle	Florida A&M	43.70m	143' 4"	UCF Black and Gold Challenge	Mar 16, 2018

Javelin (Men)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Goodliitt, Kurt	Morgan State	54.10m	177' 6"	UNCW Seahawk Invitational	Mar 9, 2018
2	McReynolds, Jeffrey	South Carolina St.	52.27m	171' 6"	Charleston Southern University Spring Break Invitational	Mar 16, 2018
3	Lee, Aran	Delaware State	49.87m	163' 7"	Maryland Invitational	Mar 17, 2018
4	Beachem, JaQuaveon	Bethune-Cookman	48.88m	160' 4"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
5	Harper, Dominic	Bethune-Cookman	48.43m	158' 11"	Savannah State Tiger Relays	Mar 3, 2018
6	Corriette, Judah	Maryland-Eastern Shore	47.31m	155' 2"	Alan Connie Shamrock Invitational	Mar 15, 2018
7	Powell, Jerrick	Hampton	45.96m	150' 9"	Alan Connie Shamrock Invitational	Mar 15, 2018
8	Milton, Jacob	Norfolk State	43.45m	142' 7"	Weems Baskin Relays	Mar 23, 2018

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
9	Moore, Jonathan	Bethune-Cookman	42.74m	140' 3"	Savannah State Tiger Relays	Mar 3, 2018
10	Branch, Mykol	N.C. Central	42.33m	138' 10"	Bill Webb Combined Events Classic	Mar 29, 2018

Javelin (Women)

RANK	ATHLETE	TEAM	MARK	CONV	MEET	MEET DATE
1	Bryant, Catherine	Florida A&M	41.15m	135' 0"	UCF Black and Gold Challenge	Mar 16, 2018
2	Corbett, Brittany	Florida A&M	40.26m	132' 1"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
3	Key, Kayla	Hampton	38.38m	125' 11"	Weems Baskin Relays	Mar 23, 2018
3	Galloway, Lauryn	Howard	38.38m	125' 11"	49er Classic	Mar 15, 2018
5	Alston, Aidan	Coppin State	35.56m	116' 8"	Maryland Invitational	Mar 17, 2018
6	Culhane, Ayana	Hampton	35.17m	115' 5"	Alan Connie Shamrock Invitational	Mar 15, 2018
7	Brinson, Jonina	Bethune-Cookman	33.16m	108' 9"	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
8	Lodge, Kanani	Savannah State	32.90m	107' 11"	Savannah State Tiger Relays	Mar 3, 2018
9	Hayes, Kyra	Hampton	32.38m	106' 3"	2018 Colonial Relays	Apr 5, 2018
10	Giacomucci, Ashley	Florida A&M	32.13m	105' 5"	Tiger Orange and Blue Classic	Mar 10, 2018

Heptathlon (Women)

RANK	ATHLETE	TEAM	POINTS	MEET	MEET DATE
1	Satterwhite, Starbesha	N.C. Central	3877	49er Classic	Mar 15, 2018
2	Hale, Nateja	N.C. Central	3779	49er Classic	Mar 15, 2018
3	Roberts, Dana	Bethune-Cookman	3769	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018

RANK	ATHLETE	TEAM	POINTS	MEET	MEET DATE
4	Williams, Tiara	Bethune-Cookman	3618	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
5	Fisher, Destinee	N.C. Central	3583	Bill Webb Combined Events Classic	Mar 29, 2018

Decathlon (Men)

RANK	ATHLETE	TEAM	POINTS	MEET	MEET DATE
1	Beachem, JaQuaveon	Bethune-Cookman	6159	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
2	Wright, Tyson	Bethune-Cookman	5637	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
3	Johnson, James	N.C. Central	5156	Bill Webb Combined Events Classic	Mar 29, 2018
4	Locklear, Tristan	N.C. Central	5084	Bill Webb Combined Events Classic	Mar 29, 2018
5	Branch, Mykol	N.C. Central	5024	49er Classic	Mar 15, 2018
6	Heholt, Brent	Bethune-Cookman	4862	Embry-Riddle Spike's Classic (college teams)	Apr 6, 2018
7	Campbell, Marcus	N.C. Central	4220	Bill Webb Combined Events Classic	Mar 29, 2018