



MID-EASTERN ATHLETIC CONFERENCE

MEAC Indoor Track & Field

2018 Season • Nov. 28

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48 YEARS OF EXCELLENCE

USTFCCCA TEAM COMPUTER RANKINGS (First poll 1/10/18)

MEN

NATIONAL

<u>Institution</u>	<u>Rank</u>	<u>Points</u>
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REGIONAL

Mid-Atlantic

South

Southeast

USTFCCA Ranking Criteria - <http://www.ustfccca.org/assets/rankings/div1/d1-ranking-rationale-2010.pdf>

WOMEN

NATIONAL

<u>Institution</u>	<u>Rank</u>	<u>Points</u>
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REGIONAL

Mid-Atlantic

South

Southeast

UPCOMING SCHEDULE

Friday, Dec. 1

UNC Greensboro Duals (Greensboro, N.C.) (FAMU)

BSC Ice Breaker (Birmingham, Ala.) (FAMU)

Saturday, December 2

Navy Invitational (Annapolis, Md.) (CSU M) (MSU M)

JDL College Kickoff (Winston-Salem, N.C.) (NCAT)

TCNJ Indoor Open (New York, NY) (MDES)

Jack Pyrah Invitational (Haverford, Pa.) (NSU)

Sunday, December 3

UNC Early Bird Dual (Winston-Salem, N.C.) (NCCU, SSU, SCSU)

Saturday, December 9

Holiday Open (Newport News, Va.) (HAM)



MEAC INDOOR TRACK & FIELD NOTEBOOK



2730 Ellsmere Ave.
Norfolk, Virginia 23513
Main: (757) 951-2055 | Fax: (757) 951-2067
Commissioner: Dr. Dennis E. Thomas
Sr. Associate Commissioner: Sonja Stills
Assistant Commissioner for Championships: Raynoid Dedeaux
Assistant Commissioner for Media Relations: Ryan McGinty
Director of Multimedia/Coord. of Marketing: Elise Hillman
Director of Corporate Partnerships: Patricia A. Easley
Assistant Director of Media Relations: Jeff Cunningham
Assistant Director of Championship & Compliance: Wyatt Sutton
Business Manager: Deon Hallback
Special Assistant to the Commissioner: Coretta Ellison
Administrative Assistant: Nikki Johnson

MEAC Overview

The Mid-Eastern Athletic Conference and **www.MEACsports.com** offers authorized media immediate access to original, up-to-date information from the MEAC and its member institutions.

About The MEAC

The Mid-Eastern Athletic Conference (MEAC) begins its 48th year of intercollegiate competition heading into the 2017-18 academic school year. Located in Norfolk, Va., the MEAC is made up of 13 outstanding historically black institutions across the Atlantic coastline: Bethune-Cookman University, Coppin State University, Delaware State University, Florida A&M University, Hampton University, Howard University, University of Maryland Eastern Shore, Morgan State University, Norfolk State University, North Carolina A&T State University, North Carolina Central University, Savannah State University and South Carolina State University.

The MEAC sponsors 16 Division I (FCS) sports with automatic qualifying bids for NCAA postseason competition in baseball, bowling, men's and women's basketball, men's and women's cross country, men's and women's tennis, men's and women's track and field, softball, volleyball and men's golf.

Social Media

Fans and media members are invited to follow the latest Mid-Eastern Athletic Conference track & field news through social media. The MEAC Twitter feed may be accessed @MEACSports and the conference's official Facebook page is available @MEACSports. The MEAC's Instagram handle is @MEACSports.



@MEACSports



@MEACSports



@MEACSports

Weekly Release & Statistics

Media members may access PDF versions of the complete weekly release, including conference and team-by-team statistics, on **www.MEACsports.com**. Regular updates of the weekly release will be distributed via e-mail from the conference office. To be included on the distribution list, send an e-mail request to **Ryan McGinty** at **mcgintyr@themeac.com**.

Annual Awards

The MEAC will name first, second and third all-conference teams (m/w), outstanding performers in track and field events and coach of the year based on performance at the 2018 MEAC Indoor Championships.



Mid-Eastern Athletic Conference Track & Field Contacts

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**Track Athletes of the Week**

The MEAC will name men's and women's track athletes of the week each Wednesday throughout the season in the following categories: track athlete and field athlete. Nominees are submitted to the conference office by the institution's sports information offices. Winners will be made available via e-mail and the conference website by Wednesday afternoon.

**MEAC Track & Field
Weekly Honors****MEN'S TRACK ATHLETE OF THE WEEK****WOMEN'S TRACK ATHLETE OF THE WEEK****MEN'S FIELD ATHLETE OF THE WEEK****WOMEN'S FIELD ATHLETE OF THE WEEK**

2018 NCAA DIVISION I INDOOR QUALIFYING (TOP 50 M/W)

RANK	ATHLETE	YEAR	TEAM	TIME/METRIC	MEET	MEET DATE
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60m (Men)

60m (Women)

200m (Men)

3,000 (Men)

60H (Men)

60H (Women)

High Jump (Women)

Long Jump (Men)

Triple Jump (Men)

ALL-TIME MEN'S INDOOR TRACK & FIELD CHAMPIONS

<u>Year</u>	<u>Champion</u>	<u>Outstanding Performer</u>	<u>Outstanding Coach</u>
2017	North Carolina A&T	Khalil Rmidi Kinini (UMES) - Runner Steven Thomas - Field	Duane Ross (NCAT)
2016	Bethune-Cookman	Kenneth Fisher (B-CU) - Field Khalil Rmidi Kinini (UMES) - Runner	Donald Cooper (B-CU)
2015	Bethune-Cookman	Dillon Simon (UMES) - Field Khalil Rmidi Kinini (UMES)- Runner	Donald Cooper (B-CU)
2014	Hampton	Deon Clifford (FAMU) - Runner Dillon Simon (UMES) - Field	Maurice Pierce (HAM)
2013	Norfolk State	Nathnael Meseret (NSU)- Runner Keron Stoute (B-CU) - Field Dillon Simon (UMES) - Field	Kenneth Giles (NSU)
2012	Norfolk State	Owen Cain (UMES) - Field Josef Tessema (NSU) - Runner	Kenneth Giles (NSU)
2011	Norfolk State	Damon Dixon (HAM) - Field Josef Tessema (NSU) - Runner	Kenneth Giles (NSU)
2010	Norfolk State	Damon Dixon (Ham) - Field Philemon Kimutai (NSU) - Runner	Kenneth Giles (NSU)
2009	Norfolk State	Marlon Woods (NSU)	Kenneth Giles (NSU)
2008	Norfolk State	Dominic Luka (NSU)	Kenneth Giles (NSU)
2007	Norfolk State	Terrance Burton (HAM)	Kenneth Giles (NSU)
2006	Norfolk State	David Kemboi (NSU) Justin Bryon (NCAT)	Kenneth Giles (NSU)
2005	Florida A&M	Kevin Hicks (FAMU)	Rey Robinson (FAMU)
2004	Florida A&M	Tim Walls (NCAT)	Rey Robinson (FAMU)
2003	Hampton	Jerome Mathis (HAM)	David Boyd (HAM)
2002	South Carolina State	Nick Peters (CSU)	Ernest Tche (SCSU)
2001	Norfolk State	Chris Brown (NSU)	Floyd Conley (NSU)
2000	Hampton	Travis Ridley (HAM)	David Boyd (HAM)
1999	Hampton	James Carter (HAM)	David Boyd (HAM)
1998	Norfolk State	Joel Mascoll (NSU)	Steve Riddick (NSU)
1997	Md-Eastern Shore		
1996	UMES/N.C. A&T		
1995	Florida A&M		
1994	Morgan State		
1993	Florida A&M		
1992	Florida A&M		
1991	South Carolina State	Anthony Stewart (CSU)	Robert Johnson (SCSU)
1990	South Carolina State	David Stargel (FAMU)	Robert Johnson (SCSU)
1989	Florida A&M	Howard Lindsay (UMES)	Bobby Lang (FAMU)
1988	South Carolina State	Howard Lindsay (UMES)	Robert Johnson (SCSU)
1987	Delaware State		
1986	Delaware State		
1985	Howard		
1984	Delaware State		
1983	Delaware State		
1982	South Carolina State		
1981	South Carolina State		

ALL-TIME WOMEN'S INDOOR TRACK & FIELD CHAMPIONS

<u>Year</u>	<u>Champion</u>	<u>Outstanding Performer(s)</u>	<u>Outstanding Coach</u>
2017	North Carolina A&T	Anisa Toppin (NCAT) - Field	Duane Ross (NCAT)
2016	Hampton	Martha Bissah (NSU) - Runner Zoe Ellis (NCCU) - Field Kiara Howell (NSU) - Field Ce'aira Brown (HAM) - Runner	Maurice Pierce (HAM)
2015	Hampton	Deidra Jordan (B-CU) - Field Judith Kibii (FAMU) - Runner	Maurice Pierce (HAM)
2014	Hampton	Teiara Denmark (Ham) - Field Ce'aira Brown (Ham) - Runner	Maurice Pierce (HAM)
2013	Hampton	Imani Cox (UMES) - Field Petra Kubesova (UMES) - Runner	Maurice Pierce (HAM)
2012	Hampton	Shamire Rothmiller (SCSU) - Field Claudia Calder (HAM) - Field Cynthia Anais (UMES) - Runner	Maurice Pierce (HAM)
2011	Hampton	Tiera Denmark (HAM) - Field Cynthia Anais (UMES) - Runner Racquel Vassell (HAM) - Runner	Maurice Pierce (HAM)
2010	Norfolk State	Elaine Rhoades (NSU) - Field Francena McCorory (HAM) - Runner Racquel Vassell (HAM)	Maurice Pierce (HAM)
2009	Hampton	Merrecia James (UMES)	Maurice Pierce (HAM)
2008	UMES/Hampton	Yvette Lewis (HAM)	Ernest Barrett (UMES)/Maurice Pierce (HAM)
2007	Hampton	Yvette Lewis (HAM)	Maurice Pierce (HAM)
2006	Hampton	Yvette Lewis (HAM)	Maurice Pierce (HAM)
2005	Hampton	Eboni White (HAM)	Maurice Pierce (HAM)
2004	Hampton	Jade Fisher (HAM)	Maurice Pierce (HAM)
2003	Hampton	Agatha Gitudndu (NSU)	Constancia Hayes (DSU)
2002	Delaware State	Marketa Patockova (BCC)	Mamie Rallins (HAM)
2001	Hampton		
2000	Norfolk State		
1999	Florida A&M	Debbie Dunn (NSU)	Bobby Lang (FAMU)
1998	Bethune-Cookman	Nicole Carty (BCC)	Curtis Pittman (BCC)
1997	Bethune-Cookman		
1996	Coppin State		
1995	Florida A&M		
1994	Florida A&M		
1993	Florida A&M		
1992	Maryland Eastern Shore		
1991	Florida A&M	Kanyon Singletary (FAMU)	Bobby Lang (FAMU)
1990	Morgan State	Donya Andrews (FAMU)	Leonard Braxton (MSU)
1989	Howard	Nicole Toro (HOW)	William Moultrie (HOW)
1988	Delaware State	Tanya McCray (DSU)	Fred Soweby (DSU)
1987	Delaware State		
1986	Delaware State		
1985	Delaware State		
1984	Delaware State		
1983	Howard		
1982	Delaware State		
1981	Howard		

ALL-TIME WOMEN'S INDOOR TRACK & FIELD RECORDS

(1971-2017)

Event	Record Holder (School)	The Record	Year Set
Pole Vault	Morgan Knight (North Carolina A&T State)	11-06.5 ft (3.52m)	2017
Shot Put	Leitawsha Bronson (Morgan State)	51-3/4" (15.56m)	2009
High Jump	Jailah Mason (Morgan State)	6-1.25 ft. (1.86m)	2016
Long Jump	Brenda Bailey (Howard)	20-4" (6.2m)	1985
Triple Jump	Elisa Funchess (South Carolina State)	42-10" (13.06m)	2000
Weight Throw	Allison Randall (Morgan State)	60-11 ½ (18.58m)	2010
55 Meters	Dawnette Douglas (Maryland Eastern Shore)	6.5	1993
60 Meters	Danieth Pryce (Maryland Eastern Shore)	7.32	2006
60 Yard Dash	Wendy Vereen (Morgan State)	6.84	1985
200 Meters	India Brown (Norfolk State)	23.72	2017
220 Yard Dash	Valencia Tutson (South Carolina)	25.26	1988
400 Meters	Francena McCoroy (Hampton)	53.22	2009
440 Yard Dash	Sophia Hunter (Delaware State)	56.12	1985
500 Meters	Lorraine Dortch (Delaware State)	1:18.1	1984
600 Yard Dash	Michelle Collins (Delaware State)	1:22.8	1986
800 Meters	Ce'aira Brown (Hampton)	2:05.19	2016
1000 Meters	Kimberly McCollum (Delaware State)	2:08.37	1994
1500 Meters	Jerri Sutton (Florida A&M)	4:47.9	1993
Mile Run	Ce'aira Brown (Hampton)	4:51.63	2016
3000 Meters	Petra Kubesova (UMES)	9:57.64	2013
5000 Meters			
Two Mile Run	Sonia Robinson (Delaware State)	11:32.80	1986
Three Mile Run	Chery Lewis (Florida A&M)	21:50	1981
55 Meter Hurdles	Kisha King (Florida A&M)	7.7	1992
60 Meter Hurdles	Kellie Wells (Hampton)	8.08	2006
60 Yard Hurdles	Kisha King (Florida A&M)	7.57	1988
400 Meter Relay	Delaware State	3:36.80	1984
Mile Relay	Howard	3:48.87	1987
4X400 Meter Relay	Morgan State	3:24.8	1992
Two Mile Relay	Delaware State	9:30.6	1986
Distance Medley	Maryland Eastern Shore	11:41.16	2008
Pentathlon	Khemani Roberts (Coppin State)	3,695	2017
Individual Points	Yvette Lewis (Hampton)	48	2006
Team Points	Hampton	179	2007



ALL-TIME MEN'S INDOOR TRACK & FIELD RECORDS

(1971-2017)

Event	Record Holder (School)	The Record	Year Set
Pole Vault	Shane Smith (Coppin State)	16-4 3/4 (5.00m)	2009
Shot Put	Dillon Simon (Maryland Eastern Shore)	19.22m (63-00.75 ft.)	2015
High Jump	Marlon Woods (Norfolk State)	7-2 1/2 (2.20m)	2008
Long Jump	Corey Vinston (Norfolk State)	25-9 1/2 (7.86m)	2009
Triple Jump	Edward Smith (North Carolina A & T State)	53-4 1/2 (16.27m)	1986
Weight Throw	Emmanuel Stewart (Morgan State)	19.63m (64-05.00 ft.)	2014
55 Meters	Laroche Moore (North Carolina A&T State)	6.2	1993
60 Meters	Desmond Lawrence/Chris Belcher (North Carolina A&T State)	6.64	2015/2017
60 Yard Dash	Javaro Sims (Florida A&M)	6.3	1981
200 Meters	Christopher Belcher (North Carolina A&T State)	20.59	2017
400 Meters	Dajuan Harding (North Carolina A&T State)	47.00	2017
440 Yard Dash	Richard Lewis (Howard)	40.09	1985
500 Meters	Oliver Bridges (Howard)	1:36.1	1982
600 Yard Dash	James Wharton (Delaware)	1:11.13	1987
800 Meters	Stanley Davis (Hampton)	1:51.35	2015
1000 Meters	James King (Howard)	1:49.63	2017
1000 Yard Run	Ezra Catwell (South Carolina State)	2:16.19	1986
1500 Meters	Chris Kelley (Florida A&M)	3:56.7	1993
Mile Run	Khalil Rmidi Kinini (Maryland Eastern Shore)	4:05.08	2017
3000 Meters	Khalil Rmidi Kinini (Maryland Eastern Shore)	8:04.28	2017
5000 Meters	Khalil Rmidi Kinini (Maryland Eastern Shore)	14:17.22	2017
Two Mile Run	Caiphus Vilakazi (Delaware State)	9:37.7	1986
Three Mile Run	Everette Hayes (Delaware)	15:26.0	1981
55 Meter Hurdles	Darrell Ash (Florida A&M)	6.4	1982
60 Meter Hurdles	Cameron Hall (Savannah State)	7.85	2015
60 Meter Hurdles	Michael Dickson (North Carolina A&T State)	7.63	2017
60 Yard Hurdles	Steve Marin (South Carolina State)	7.37	1981
400 Meter Relay	Delaware State	1:12.5	1981
4x400 Meter Relay	Hampton	3:11.22	2017
Mile Relay	South Carolina State	3:19.17	1986
4x800 Meter Relay	Howard	7:50.7	1993
Two Mile Relay	Florida A&M	8:02.24	1988
Distance Medley	Maryland Eastern Shore	9:59.50	2017
Heptathlon	Harold Rose (Bethune-Cookman)	5,378	2008
Individual Points	James Carter (Hampton)	38	1999
Team Points	Norfolk State	188	2010

